



# *The Path to Harmony*

## CONNECT WITH HORSES

Communication is the foundation of every  
great partnership!

Learn to 'speak' HORSE – a simple, but new way of  
communicating to many of us. Be prepared for life-  
changing and soul-searching experiences!

The therapeutic effects of horses will help guide you  
along your very own personal growth journey.

Max Group size of 4 adults allows us to tailor each  
person's unique experience.

Whether you desire a closer bonded relationship and  
better understanding of your own horses or you are  
looking to gain insights about animals (and yourself!)  
with the help of our amazing teaching herd

*This is the Course for you!*

Get the foundation you need so you can profoundly  
change your very own relationships.

Groups and individuals, all levels of experience  
welcome.

# *Humans Horses Harmony*

AT THE  
WIRELESS-FREE FARM  
part of LVAC





# 'Hands On' Learning

Acquire comprehensive background knowledge in our fun equine behaviour theory & roleplay sessions.

By actively participating in groundwork sessions with our helpful teaching horses you will be able to put your newfound knowledge straight into practise.

The horses will help guide you along your journey to deep-rooted connections.

This is where the learning really happens!



Our end goal is to guide YOU with the skills to connect with horses on their level and therefore build a strong foundation for you to achieve your dreams and ambitions.

Horses care about being heard, seen and understood – just like we do! This is why us learning to 'speak' HORSE is so very important – a knowledge Gap people are seldom aware of and often only recognise the vast advantages once starting on this journey.

Horses love to live in harmony and want nothing more than building amazing relationships with people. Get this right and you will have their undying devotion to work with you to your own ends, whatever those may be.



Please note:

Our Venue is a WIRELESS-FREE FARM, wireless tech can only be used in the guest car park.



## *This Course is For You If*

- You feel your horse is trying to communicate, but you're not sure how to listen.
- You want a deeper, more trusting relationship.
- You're ready to lead with kindness, confidence and clarity.
- You know there's a better way — one that leaves behind frustration and brings connection.
- And you are ready to embrace it by starting to learn how to speak HORSE.

## *This Course is NOT For You If*

- You don't believe your horse's feelings count.
- You are looking to control horses' behaviour through obedience & tools.
- You don't see anything wrong with your current way of handling horses.
- You believe horses can't be trusted with choices and need to be told what's good for them.

We offer a highly personalized 1 to 1 service or a very small group environment for up to 4 people for maximum learning opportunity.



## *The Path to HARMONY: Learn to 'Speak Horse'*

This is not a method – it's a turning point.

You don't build connection with a formula, and you don't gain trust through being controlling and prescriptive. The Path to Harmony is a powerful journey of mutual understanding between you and your horse.

This course teaches you to:

- Truly listen to what your horse is communicating – beyond behaviour.
- Respond with clarity, empathy, and authenticity.
- Create a space where your horse feels safe, seen and supported.
- Understand the meaning behind anxiety, resistance or unwanted behaviours.
- Build emotional safety and trust that encourages calm and willing engagement.
- Communicate in a way your horse understands and can willingly respond to.

Horses naturally seek harmony — they just need to be heard.

## *What You'll Experience*

Many participants arrive believing they already have a good connection with their horse and that's a great starting point! What they discover is a deeper bond than they imagined was possible.

As you become more mindful, focused and emotionally attuned, your horse will begin to respond — not out of habit or fear, but **by choice**. You'll feel what it means to be truly in sync. You'll stop guessing and start *knowing* what your horse is feeling, moment to moment.

You'll notice:

- Increased calm and connection.
- Clearer, more confident leadership.
- A shift in both you and your horse — from confusion to conversation.

This is where real partnership begins.

We provide the environment and the experiences for you to see how effective 2-way communication is in building strong bonds and therefore trust. A great relationship with your horse is the foundation for success – let us teach you how to achieve it!







# Your Path to Harmony

## *Stage 1: Roots (Awakening) -4 days*

Laying the foundation.

- Learn the basics of presence, awareness, and safe interaction 'hands on'.
- Understand the importance of boundaries and respect.
- Introduction to two-way communication with horses.
- Discover how your energy, body language, and emotions affect connection in real time.

## *Stage 2: Branches (Connection) -4 days*

Reaching outward, exploring communication.

- Refine your foundational skills customised to your personal needs.
- Deepen observation, emotional fitness and clarity.
- Learn subtle signals and responses.
- Explore the balance between guidance and allowing.

## *Stage 3: Leaves (Trust) -3 days*

Strength and sensitivity in balance.

- Recognize subtle signals and refine your responses.
- Strengthen focus and emotional regulation to stay grounded under pressure.
- Feel your horse mirror your inner state and build on mutual trust.
- Experience the wonder of leading without force.

## *Stage 4: Fruit (Unity) -3 days*

Harmony in action.

- Integrate all previous skills into seamless partnership
- Embody leadership without being controlling, softness with clarity.
- Blend mind, body, and spirit in effortless interaction.
- Harmony here becomes a lived experience, not just a learned skill.





## *Tuition fees - Path to Harmony*

18+

Stage 1+2 - £655 each – Per person \*

Stage 3+4 - £495 each – Per person \*

(Please check our website or our FB page for dates and get in touch for availability)

\*£50 discount per person if booking 2 or more people together

11+

£920 – Special Price - Parent with Child at half price - 1 to 1 coaching

If you would like to stay with us during your course, please ask.

Special pricing available as a package deal.

## *Introductory session to our Harmony course*

£45 – Per person approx.

(2 hours including refreshment - min of 2 people)

For more information:

Ring Iris today on 01938 820407

or e-mail: [hello@humanshorsesharmony.com](mailto:hello@humanshorsesharmony.com)

\*Please note - all of our courses require you to sign a disclaimer\*



## Bring Your Own Horse

Age group: 18+

(please contact us for teens)

Sacred Partnership with Your OWN Horse

3 days +

The heart of the journey.

- A deeply personal, 1-to-1 experience bringing your own horse with you.
- Apply everything you've learned in The Path to Harmony.
- Work through communication challenges and strengthen trust.
- Entry requirement as a rule is Stage 2+. Your horse deserves the best version of you.



# Humans Horses Harmony

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Horses inherently already know the things we will ask of them during our sessions. However, they may never have had a chance to practise them, due to our often-conventional ways of raising and keeping horses isolated from each other.

Equines in a natural setting learn from parents and peers as they spend time in a 24/7 herd environment.

Horses raised under different circumstances have a tendency to create avoidance patterns to cope with human interaction they are confused or unhappy about.

We will make a start together to communicate to the horse that some of these established patterns no longer serve them.







# Pricing

## *Tuition fees Bring Your Own Horse*

Course Fee £405 for 3 days - all additional days £135 each.

3 hours of coaching every day, 2 sessions of approx. 1.5 hours each (am & pm)

If you live locally, we can arrange sessions at mutually agreeable times.

Sessions are charged at £45/hour.

Grass turn out / stabling is available on a DIY basis at extra cost.

If you would like to stay with us for longer, we offer rooms for rent in our farmhouse, please ask for details and availability.

For more information:

Ring Iris today on 01938 820407

or e-mail: [hello@humanshorsesharmony.com](mailto:hello@humanshorsesharmony.com)

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